

Smart. Seafood Locator.

Cleaner, Greener, and Safer Seafood Substitutes
2010



www.EatWellGuide.org

food&waterwatch

www.FoodandWaterWatch.org

Welcome smart buyer to the Smart Seafood Locator.

Use our Smart Seafood Locator to find savory, safer and more sustainable seafood. You can download this guide or search our online locator by:

- your location
- seafood type you want
- seafood seller name

Food & Water Watch is asking restaurateurs and chefs to provide consumers with the best seafood options available, and to:

- buy and serve local seafood as often as possible
- reduce reliance on imported fish products
- accurately label seafood, including country of origin
- promote seafood that is:

- cleaner – using fishing gear with lower bycatch and habitat impacts;
- greener – produced through more ecologically sustainable methods;
- safer – contains fewer contaminants and health risks

Our goal is to help you find sustainable seafood to prepare in delicious meals that will get rave reviews. To help you, Food & Water Watch has created the Smart Seafood Locator by partnering with Eat Well Guide®, a free online directory of thousands of family farms, restaurants and other outlets for fresh, locally grown food.

Find great tasting recipes and more information about sustainable seafood by visiting:

www.foodandwaterwatch.org/fish/seafood

or contact us at fish@fwwatch.org

About Food & Water Watch and Eat Well Guide:

Food & Water Watch, a nonprofit consumer organization based in Washington, D.C., works to ensure clean water and safe food in the United States and around the world. We challenge the corporate control and abuse of our food and water resources by empowering people to take action and transforming the public consciousness about what we eat and drink. For more information, visit www.foodandwaterwatch.org.

Eat Well Guide is a free online directory of thousands of family farms, restaurants, and other outlets for fresh, locally grown food. Originally a database of sustainably-raised meat and dairy producers, its listings have expanded to include farmers' markets, CSA programs, partner organizations, water-conscious ratings and vegetarian eateries. Visitors can search by location, keyword or category to find good food, download customized guides, or plan a trip with the innovative mapping tool [Eat Well Everywhere](#). Eat Well is also home to the free print and online book [Cultivating the Web: High Tech Tools for the Sustainable Food Movement](#).

2010 guide: online shopping



Seafood, Inc.

63275 Charleston Rd., PO Box 5022, Charleston, OR 97420

Tel: 541-888-9302

Fax: 866-646-6439

Contact: Marvin

sales@seafoodinc.com

<http://www.seafoodinc.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Seafood, Inc. offers dungeness and king crabs.

Dubberly's Seafood

214 Vernonburg Ave, Savannah, GA 31419

Tel: 912-925-6433

Fax: 912-925-4361

Contact: Frank Dubberly or Linda Dubberly-Whiddon

sweetsavshrimp@aol.com

<http://www.sweetsavannahshrimp.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Dubberly's Seafood offers Georgia white and brown wild-caught shrimp.

Loki Fish Co

3919 18th Ave W, Seattle, WA 98119

Tel: 206-938-3975

Contact: Hing Ng

gowild@lokipish.com

<http://lokipish.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Louisiana Foods

4410 West 12th Street, Houston, TX 77055

Tel: 713-957-3474

<http://www.louisianafoods.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

M. Slavin and Sons, Ltd.

New Fulton Fish Market, 800 Food Center Dr., Bronx, NY 10474

Tel: 718-732-4800

Fax: 718-732-4873

Contact: Herb Slavin, Robert Katlowitz

Mslavin@newfultonfishmarket.com

<http://www.mslavin.com/>

2010 guide: retail



This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: M. Slavin and Sons offers soft-shell clams. See the following website for information on the location of this vendor within the New Fulton Fish Market: http://www.newfultonfishmarket.com/wholesalers/M_Slavin.htm

Northern Lights Seafood

8352 West Main Street, Marshall, VA 20115

Tel: 540-364-7444

Contact: Debbie

nlseafood@earthlink.net

<http://www.nlseafood.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pisacane Midtown Fish and Seafood

940 First Ave, New York, NY 10022

Tel: 212-355-1850

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Sea Breeze Inc.

541 9th Avenue, #1, New York, NY 10018

Tel: 212-563-7537

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Sea Breeze, Inc. offers soft-shell clams.

Sea Harvest

598 Foam St, Monterey, CA 93940

Tel: 831-646-0547

Fax: 831-646-0156

Contact: Richard and Daniel Deyerle

2010 guide: retail



http://ca-seafood.ucdavis.edu/csc_org/producer/seaharve.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Tony's Smokehouse & Cannery, Inc.

1316 Washington Street, Oregon City, OR 97045

Tel: 503-656-7512

Contact: Greg or Elizabeth Petrich

<http://www.tonyssmokehouse.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods).

Please note: Tony's Smokehouse offers Alaskan salmon in two forms - smoked canned, and fresh canned; they carry albacore tuna; they offer both Pacific dungeness and Alaska king crab; and their black cod comes in two forms - smoked canned, and fresh canned.

Westside Fish Market

774 Amsterdam Ave, New York, NY 10025

Tel: 212-932-2942

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

2010 guide: seafood market



A and H Gourmet and Seafood Market

4960 Bethesda Ave, Bethesda, MD 20814

Tel: 301-986-9692

Fax: 301-656-4985

info@anhmarket.com

<http://www.anhmarket.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: A and H Gourmet and Seafood Market offer Pacific spiny lobster.

H and H Fresh Fish

Santa Cruz, CA 95060

Tel: 831-461-1576

Contact: Hans, or Heidi

info@hhfreshfish.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: This vendor has a rotating schedule of 8 different farmer's markets from Monterey to the East Bay. See their website for details.

Santa Barbara Fish Market

117 Harbor Way # A, Santa Barbara, CA 93109

Tel: 805-965-9564

Fax: 805-963-7456

info@sbfish.com

<http://www.sbfish.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Santa Barbara Fish Market offers Pacific dungeness crab.



A and H Gourmet and Seafood Market

4960 Bethesda Ave, Bethesda, MD 20814

Tel: 301-986-9692

Fax: 301-656-4985

info@anhmarket.com

<http://www.anhmarket.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: A and H Gourmet and Seafood Market offer Pacific spiny lobster.

Alaska Gold Seafood Producer's Cooperative

2875 Roeder Ave, Bellingham, WA 98225

Tel: 360-733-0120

Fax: 360-733-0513

spc@spsales.com

<http://www.spsales.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Amor Nino Foods, Inc

1928 Home Rule St, Honolulu, HI 96819

Tel: 808-845-1711

Contact: Amor Nino, Owner

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: Amor Nino Foods offers smoked Alaskan salmon.

Bay Center Farms

306 Dike Road, Bay Center, WA 98586

Tel: 888-905-9079

seafood@baycenterfarms.com

<http://www.baycenterfarms.com/index.html>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide,

but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Bay Ocean Seafood Co.

P.O. Box 348, Garibaldi, OR 97118

Tel: 503-322-3316

Fax: 503-322-0049

jeffprincehouse@yahoo.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Bay Ocean Seafood Co. offers Pacific pink shrimp.

Bay's Best Seafood

P.O. Box 148 , Grasonville, MD 21638

Tel: 800-527-9899

Fax: 410-827-5049

info@baysbestseafood.com

http://www.baysbestseafood.com/our_products.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Bay's Best Seafood offers Pacific cod.

Bayou Foods

949 Industry Road, Kenner, LA 70062

Tel: 504-469-1745

Fax: 504-469-1852

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Bell Foods

134 Brookhollow Esplanade, Harahan, LA 70123

Tel: 504-837-2355

Fax: 504-837-2365

Contact: Shane Nicaud Sr.

sn@bellfoods.net
<http://www.bellfoods.net>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Bill Webb

Pillar Point Pier, Half Moon Bay, CA 94019
Tel: 925-757-8615
Contact: Bill Webb
<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

Bornstein Seafood

1001 Hilton Avenue, Bellingham, WA 98225
Tel: 503-325-6164
Fax: 503-325-0403
doug@bornstein.com
<http://www.bornstein.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Bornstein Seafood offers Pacific pink wild shrimp, and they carry Dungeness crab.

Bornstein Seafood

9 Portway Street , Astoria, OR 97103
Tel: 503-325-6164
Fax: 503-325-0403
doug@bornstein.com
<http://www.bornstein.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Bornstein Seafood offers Pacific pink wild shrimp, and they

carry local Dungeness crab.

Bornstein Seafoods

761 SW Bay Boulevard, Newport, OR 97365
Tel: 503 325 6164
Contact: Christa Ssenson
christa@bornstein.com
<http://www.bornstein.com/index.php/wholesale>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods). Please note: Bornstein Seafoods carries Oregon pink shrimp, they offer Dungeness crab, and their Pacific salmon is hook-and-line caught.

Brady's Oysters

3714 Oyster Place E, Aberdeen, WA 98520
Tel: 800-572-3252
ship@bradysoysters.com
<http://www.bradyssoysters.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Brown's Fish Farm and Supply

9374 Cottonwood Wash Road, Pima, AZ 85543
Tel: 928-485-9385
Contact: Eddie Brown

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Caito Fisheries

PO Box 1370, Ft. Bragg, CA 95437
Tel: 707-964-6368
Fax: 707-964-6439
Contact: Jim Caito
caitofish@mcn.org

2010 guide: wholesale



This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Caito Fisheries carries dungeness crab.

Cannon Fish

215 W Harrison St., Suite 200, Seattle, WA 98119

Tel: 206-281-9322

Fax: 206-281-1644

<http://www.cannonfish.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Cannon Fish offers dungeness crab.

Carvalho Fisheries

1585 Heartwood Drive, Suite F, McKinleyville, CA 95519

Tel: 707-839-3270

Fax: 707-839-3270

Contact: William Carvalho

http://ca-seafood.ucdavis.edu/csc_org/producer/carvalho.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Catalina Offshore Products

5202 Lovelock St., San Diego, CA 92110

Tel: 619-297-9797

Fax: 619-297-9799

Contact: Dave Rudie

dave@catalinaop.com

<http://www.catalinaop.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Catalina Offshore Products offers Pacific spiny lobster.

Central Coast Seafood, Inc

5495 Traffic Way, Atascadero, CA 93422
Tel: 800-273-4741
Fax: 805-466-6613
ccsf@thegrid.net
<http://www.ccseafood.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Central Coast Seafood, Inc offers Pacific dungeness crab.

Chesapeake Fish Co, Inc

535 Harbor Lane, San Diego, CA 92101
Tel: 619-238-0526
Fax: 619-237-1753
sales@chesapeakefish.com
<http://www.chesapeakefish.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Cove Mussel Company

PO Box 745, Marshall, CA 94940
Tel: 415-663-9307
Contact: Scott Zahl

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Critter Runners

2611 Shorewick, Highlands, TX 77562
Tel: 281-426-3741
Contact: Vince Slorio
critterrunner@critterrunners.com
<http://critterrunners.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some

suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Dan Stuckey

Pillar Point Pier, Half Moon Bay, CA 94019

Tel: 650-726-8724

<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

Del Mar Seafoods, Inc

PO Box 5969 , Salinas, CA 93915

Tel: 831-753-5100

Fax: 831-753-5111

Contact: Joe Cappuccio

dmsquid@aol.com

http://ca-seafood.ucdavis.edu/csc_org/producer/delmarse.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Desert Sweet Shrimp

45075 S Old Highway 80, Gila Bend, AZ 85337

Tel: 623-393-0136

shrimp@desertsweetshrimp.com

<http://www.desertsweetshrimp.com/index.html>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Desert Sweet Shrimp specializes in Pacific white farmed shrimp.

DiCarlo Seafood Co

842 N. Pioneer Avenue, Wilmington, CA 90744

Tel: 310-830-3460

Fax: 310-830-1064

pdicarlo@dicarloseafood.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Dubberly's Seafood

214 Vernonburg Ave, Savannah, GA 31419

Tel: 912-925-6433

Fax: 912-925-4361

Contact: Frank Dubberly or Linda Dubberly-Whiddon

sweetsavshrimp@aol.com

<http://www.sweetsavannahshrimp.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Dubberly's Seafood offers Georgia white and brown wild-caught shrimp.

Eskimo Candy Oahu, Inc.

3100 Ualena St, Honolulu, HI 96819

Tel: 808-879-5686

Fax: 808-874-0504

Contact: Chris or Ashley

eskimo@maui.net

<http://www.eskimocandy.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: Eskimo Candy offers Pacific dungeness crab and Alaska king crab, and their lobster is sourced from traps in Maine. Their shrimp is Pacific pink wild, and their tilapia is farmed in the U.S.

Eureka Fisheries Inc

P.O. Box 217, Eureka, CA 95501

Tel: 707-443-1673

Fax: 707-443-7952

Contact: Peter Hall

efi@humboldt1.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide,

but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Exclusive Fresh

PO Box 308, El Granada, CA 94018
Tel: 650-728-7321
Fax: 650-728-7372
Contact: Phil Bruno
frshfish@pacbell.net

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

FishGuy Market

4423 N Elston Ave, Chicago, IL 60630
Tel: 773-283-7400
Contact: Bill Dugan
bill@fishguy.com
<http://fishguy.com/catch.htm>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Fishhawk Fisheries

P.O. Box 715, Astoria, OR 97103
Tel: 503-325-5252
Fax: 503-325-8786
Contact: Steve Fick
fishhawk@ideal.web.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Fishhawk Fisheries offers Pacific pink shrimp.

Fortune Fish Company

1068 Thorndale Ave, Bensenville, IL 60106



Tel: 630-860-7100
Fax: 630-860-7400
Contact: Mark Palicki
info@fortunefishco.net
<http://www.fortunefishco.net/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Fresh Island Fish Co.

1135 N. Nimitz Hwy , Honolulu, HI 96817
Tel: 808-831-4911
Fax: 808-836-8762
Contact: Bruce Johnson, Owner
info@freshislandfish.com
<http://www.freshislandfish.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Garden & Valley Island Seafood, Inc

225 N. Nimitz Hwy #3, Honolulu, HI 96817
Tel: 808-524-4847
Fax: 808-528-5590
Contact: Nigel
sales@ceascrabpak.com
<http://www.gvisfd.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: The snapper offered by Garden & Valley Isle Seafood, Inc is gray (mangrove) snapper.

Golden Ocean Seafood

2355 S Blue Island Ave, Chicago, IL 60608
Tel: 773-0847-1700
Fax: 773-847-1717

2010 guide: wholesale



info@goldenoceanseafood.com
<http://goldenoceanseafood.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Golden Ocean Seafood's mahi and Pacific halibut are by advance order only.

H and H Fresh Fish

Santa Cruz, CA 95060
Tel: 831-461-1576
Contact: Hans, or Heidi
info@hhfreshfish.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: This vendor has a rotating schedule of 8 different farmer's markets from Monterey to the East Bay. See their website for details.

Hallmark Fisheries

63276 Charleston Ave, P.O. Box 5390, Charleston, OR 97420
Tel: 541-888-3253
Fax: 541-888-6814
Contact: Jack Emmons or Judi Houston
hallmark.fisheries@verizon.net OR hallmark@harbor
<http://www.hallmarkfisheries.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Hallmark Fisheries offers Pacific pink shrimp and dungeness crab.

Halm's Enterprises, Inc

Diamond Head Seafood
966 Robello Ln, Honolulu, HI 96817
Tel: 808-832-9500
Contact: Michael Yunimaro

mikey@diamondheadseafood.com

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: Halm's Seafood, Inc offers wild Pacific dungeness crab and Alaskan king crab, Maine and spiny lobster, Alaskan salmon, and Pacific market squid.

Harlon's Louisiana Fish

P.O. Box 486, Kenner, LA 70063

Tel: 504-467-3809

Fax: 504-466-1504

Contact: Harlon Pearce

nolah@aol.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Hog Island Oyster Co.

20215 Highway 1, Marshall, CA 94940

Tel: 415 663 9218

Contact: John Finger

farm@hogislandoysters.com, john@hogislandoysters.c

<http://hogislandoysters.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Imperial Catfish

P.O. Box 188, Imperial, CA 92251

Tel: 760-344-5044

Fax: 760-344-0972

ImperialCatfish@yahoo.com

<http://www.imperialcatfish.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some

suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

J and D Seafoods, Inc

P.O. Box 1346, San Pedro, CA 90731

Tel: 310-831-5655

Fax: 310-831-9674

Contact: Joe Ciaramitaro

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Jeffrey Poss

Pillar Point Pier, Half Moon Bay, CA 94019

Tel: 650-726-8724

<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

Jim Anderson

Pillar Point Pier, Half Moon Bay, CA 94019

Tel: 650-726-8724

<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

JJ Brenner Oyster Co

402 S 333rd , Suite 102, Federal Way, WA 98003

Tel: 253-929-1562

Fax: 253-929-1564

info@jbbrenner.com

<http://www.jbbrenner.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin

2010 guide: wholesale



(USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

John Hurwitz

Pillar Point Pier, Half Moon Bay, CA 94019
Tel: 925-785-1633
imhurwitz@sbcglobal.net
<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

Kyle LeBlanc Crawfish Farms

P.O. Box 170, Raceland, LA 70394
Tel: 985-226-6444
kyle@crawdads.net
<http://www.klcrawfishfarms.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor only sells out of state. They do not sell within Louisiana.

Larry Andre

Pillar Point Pier, Half Moon Bay, CA 94019
Tel: 408-489-4808
<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

Loki Fish Co

3919 18th Ave W, Seattle, WA 98119
Tel: 206-938-3975
Contact: Hing Ng
gowild@lokifish.com
<http://lokifish.com>

2010 guide: wholesale



This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Los Angeles Fish and Oyster

2212 Signal Place, San Pedro, CA 90731

Tel: 310-832-4249

Fax: 310-832-4905

Contact: Augie Castagnola

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Louisiana Foods

4410 West 12th Street, Houston, TX 77055

Tel: 713-957-3474

<http://www.louisianafoods.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Louisiana Seafood Exchange

428 Jefferson Highway, Jefferson, LA 70121

Tel: 504-834-9393

Fax: 504-834-5633

Contact: Lenny Minutillo

len4fish@msn.com

<http://louisianaseafoodexchange.net/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor offers stone, king, dungeness and snow crab.

Lucas Wharf, Inc

595 Highway 1, PO Box 667, Bodega Bay, CA 94923

Tel: 707-875-3571

Fax: 707-875-3032

Contact: Shane Lucas

http://ca-seafood.ucdavis.edu/csc_org/producer/lucaswha.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

M. Slavin and Sons, Ltd.

New Fulton Fish Market, 800 Food Center Dr., Bronx, NY 10474

Tel: 718-732-4800

Fax: 718-732-4873

Contact: Herb Slavin, Robert Katlowitz

MSlavin@newfultonfishmarket.com

<http://www.mslavin.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: M. Slavin and Sons offers soft-shell clams. See the following website for information on the location of this vendor within the New Fulton Fish Market:
http://www.newfultonfishmarket.com/wholesalers/M_Slavin.htm

M. Slavin and Sons Fish Company

2710 S Glebe Rd, Arlington, VA 22206

Tel: 718-495-2800

Contact: Herb Slavin, Robert Katlowitz

<http://www.mslavin.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: M Slavin and Sons' spot prawns are by special order only.

Mad Jax Seafood

Squalicum Harbor, Gate 7, Bellingham, WA 98227

Tel: 360-220-0976

Contact: Andy or Sandy

andymadjax@aol.com

<http://www.madjaxseafood.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin

2010 guide: wholesale



(USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Madrugá

3030 Newell Street, San Diego, CA 92106

Tel: 619-225-9247

Contact: Anthony Madrugá

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Madrugá offers locally-caught shrimp and Pacific spiny lobster.

Maguro International

2696 Waiwai Loop, Honolulu, HI 96819

Tel: 808-685-7001

Contact: Jo Jo

hq@magurointernational.com

<http://magurointernational.com/>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note that Maguro International primarily does wholesale-to-wholesale sales, but can sell to restaurants as well. Their black cod comes from the Pacific, and their hand-raked clams come from Boston.

Manuel Martin

Pillar Point Pier, Half Moon Bay, CA 94019

Tel: 562-884-2992

<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat.

Monarch Seafood Corporation

80 Broadway, Jersey City, NJ 07306

Tel: 201-333-1003
Fax: 201-333-0551

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Monte's Seafood

800 Food Center Dr., #27,29, Bronx, NY 10474
Tel: 718-860-1472
Fax: 718-860-0044
Contact: Richard, Jack
MontesSeafood@newfultonfishmarket.com
<http://www.montesseafood.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Monte's Seafood offers soft-shell clams.

Monterey Fish

Wholesale
Pier 33, San Francisco, CA 94109
Tel: 415-956-1986
Fax: 415-956-5851
Contact: David
sales@montereyfish.com
<http://www.montereyfish.com>

Monterey Fish is based in San Francisco, California. While we are small enough to provide individual personalized service our sales volume is great enough to allow us to buy in volume directly from local boats and producers nationwide, enabling us to sell the best quality seafood at fair prices.

Over the years, we've worked to establish a reputation for quality not just with our customers but with our network of suppliers. Our suppliers know that if they've got premium product, we're willing to pay for it. We at Monterey Fish do our best to bring you the freshest, quality seafood available. Setting the standard for quality and service has been our obsession since 1979.

We follow the strictest guidelines when it comes to seafood handling and expect all our suppliers to do the same. We welcome periodic inspection by the FDA, State and local Health Services. We are HACCP compliant, meaning we comply to a strict set of regulations implemented by the Federal Government to ensure the wholesomeness of seafoods. Monterey fish uses only suppliers, growers, producers and fishermen who are HACCP compliant and have a detailed HACCP plan on record. As well, all our shellfish comes from certified waters which are tested by the appropriate state and local

health agencies weekly.

Moore's Seafood, Inc

640 Piropo Court, Camarillo, CA 93010

Tel: 805-384-9277

Fax: 805-384-9278

Contact: Steve Moore

Steve@MooresSeafood.com

<http://moorseseafood.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Moore's Seafood offers Pacific spiny lobster.

Morgan Fish

Pier 45, Shed D, San Francisco, CA 94133

Tel: 415-441-4495

Contact: John Morgan

http://ca-seafood.ucdavis.edu/csc_org/producer/morganfi.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Morningstar Fisheries

PO Box 1714, El Granada, CA 94018

Tel: 650-728-3729

Contact: David Mallory

http://ca-seafood.ucdavis.edu/csc_org/producer/mornings.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Mutual Fish Co.

2335 Rainier Ave S., Seattle, WA 98144

Tel: 206-322-4368

Fax: 206-328-5889

<http://mutualfish.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product.

(Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Mutual Fish, Co offers dungeness and king crabs.

Newman's Fish Company

2601 N. Newark, Portland, OR 97217

Tel: 503-286-5950

Fax: 503 286 3233

Contact: Dolores Roorda or Lance Schultz

newmansfishco@netscape.net

<http://www.newmansfish.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: their salmon is sourced from Alaska; they offer cooked Oregon pink shrimp; and they offer both Dungeness and king crab.

Nobu Seafood Hawaii

1020 Auahi St Bldg 2, Honolulu, HI 96814

Tel: 808-591-2717

Contact: Naomi

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

North Coast Fisheries

P.O. Box 8219, Santa Rosa, CA 95407

Tel: 707-579-0679

Fax: 707-579-0361

Contact: Michael Lucas

ncoastfish@aol.com

http://ca-seafood.ucdavis.edu/csc_org/producer/northcoa.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Northern Lights Seafood

8352 West Main Street, Marshall, VA 20115

Tel: 540-364-7444

Contact: Debbie

nlsafood@earthlink.net

<http://www.nlsafood.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Nova Fisheries

Seattle, WA 98109

Tel: 206-781-2000

Fax: 206-781-9011

info@novafish.com

<http://www.novafish.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Nova Fisheries offers king crab.

Ocean Beauty

2450 NW 28th Street, Portland, OR 97210

Tel: 503-224-1611

Contact: Roger Jepsen

info@oceanbeauty.com

<http://www.oceanbeauty.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods). Please note: Ocean Beauty sources gill-net caught salmon from Alaska; they carry Gulf wild shrimp; they offer Alaska king crab, as well as Pacific dungeness, and Alaska snow crab; they source farmed mussels, oysters and shellfish out of Washington state; they offer Alaska-caught halibut and black cod; and they carry American lobster.

Ocean Fresh Seafood Products

32330 North Harbor Drive, Fort Bragg, CA 95437

Tel: 707-964-1389

Fax: 707-964-2099

Contact: Robert Juntz

marusan@mcn.org

http://ca-seafood.ucdavis.edu/csc_org/producer/oceanfre.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Om Seafood Company, Inc.

3514 SE 76th Avenue, Portland, OR 97206

Tel: 503-703-0817

Fax: 503-771-2101

Contact: Sam Ho

comments@omseafood.com

<http://www.omseafood.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods). Please note: Om Seafood Inc offers Pacific dungeness and Alaska king crabs; and they offer American lobster.

Oregon Ocean Seafoods

225 SE Galena Ave, Warrenton, OR 97146

Tel: 503-861-1434

Contact: Judy Kujala

kujala_mark@hotmail.com

<http://www.skipanonbrand.com/>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods).

Please note: Oregon Ocean Seafoods offers canned products only, all of which are available either in fresh or smoked form.

Osprey Seafood

Pier 33, San Francisco, CA 94111

Tel: 415-291-0156

Fax: 415-291-9721

Contact: Michael Weinberg-Lynn

http://ca-seafood.ucdavis.edu/csc_org/producer/ospreyse.htm

2010 guide: wholesale



This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

P & E Foods, Inc.

3077 Koapaka St #202, Honolulu, HI 96819

Tel: 808-839-9094

Fax: 808-833-5182

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: P & E Foods offers Pacific dungeness crab, and Alaska king crab, their shrimp are wild-caught Pacific, and their salmon originates from Alaska.

Pacific American Fish, Co

5525 South Santa Fe Ave., Vernon, CA 90058

Tel: 323-319-1515

Fax: 323-319-1517

pehuh@pafco.net

<http://www.pafco.net>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pacific Aqua Farms

10468 Hot Mineral Spa Rd., Niland, CA 92257

Tel: 760-354-1533

Fax: 760-354-1068

Contact: Bill Engler

geoheat@oit.edu

<http://geoheat.oit.edu/directuse/all/dua0166.htm>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pacific Seafood Group

605 North Flint Avenue, Wilmington, CA 90744

Tel: 310-835-4343

sspencer@pacseafood.com

<http://www.pacseafood.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pacific Seafood Group

1 Commercial St, Eureka, CA 95501

Tel: 503-226-2200

info@pacseafood.com

<http://www.pacseafood.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pacific Seafood of Oregon

16797 SE 130th Ave, Clackamas, OR 97015

Tel: 503-905-4502

Contact: Renee or Glenda

jnash@pacseafood.com-foodservice

<http://www.pacseafood.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods). Please note: Pacific Seafood carries Alaska salmon; their Pacific cod is pot-caught; they carry US catfish and tilapia; they offer Pacific dungeness and Alaska king crab; they offer crawfish both live and cooked frozen; they carry American lobster; they carry both Atlantic longfin and Pacific market squid; and they carry US sardines.

Pacific Shellfish Inc

5040 Cass Street, San Diego, CA 92109

Tel: 619-272-9940

Fax: 619-272-9615

Contact: Judd Brown

info@thefishery.com

<http://www.pacshell.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Pacific Shellfish Inc. offers Pacific spiny lobster.

Pearson's Port

300 East Pacific Coast Highway, Newport Beach, CA 92660

Tel: 949-675-6771

Contact: Vi Pearson

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Pearson's Port offers Pacific spiny lobster.

Pemberton Fish Co., Inc

PO Box 245, El Granada, CA 94018

Tel: 415-728-7334

Contact: Don Pemberton

http://ca-seafood.ucdavis.edu/csc_org/producer/pemberto.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Penn Cove Shellfish

P.O. Box 148, Coupeville, WA 98239

Tel: 360-678-4803

Fax: 360-678-0266

shellfish@penncoveshellfish.com

<http://www.penncoveshellfish.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Piazza Seafood

5374 Heebe Street, Harahan, LA 70181

Tel: 800-259-5016

Contact: Nicholas Piazza

nicholaspiazza@piazzaseafood.com
<http://www.piazzaseafood.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pierless Fish Corporation

63 Flushing Ave, #7, Brooklyn, NY 11205
Tel: 718-222-4441
Fax: 718-222-4449
Contact: Robert
robert@pierlessfish.com
<http://pierlessfish.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Pierless Fish Corporation offers soft-shell clams.

Pierpont Seafood

1449 Spinnaker #D, Ventura, CA 93001
Tel: 805-658-2069
Contact: Alfred Ballabio

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Pisacane Midtown Fish and Seafood

940 First Ave, New York, NY 10022
Tel: 212-355-1850

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Plitt Seafood

22613 76th Avenue South, Kent, WA 98032

Tel: 253-872-0536
Fax: 253-872-774
plittcontact@plittco.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Pole-caught haddock from Plitt Seafood should be ordered in advance, and it is not always available.

Point Loma Seafood

2805 Emerson Street, San Diego, CA 92106
Tel: 619-223-1109
Fax: 619-223-0250
Contact: John or Jack Christianson

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Point Loma Seafood offers Pacific spiny lobster.

Premium Seafood Company

157 E 57th Street, #18A, New York, NY 10022
Tel: 212-750-5377
Fax: 212-308-0223
Contact: Michael and Patti Sirkus
premiumseafood@premiumseafood.com
http://www.premiumseafood.com/about_premium.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Princeton Seafood Co

#9 Johnson Pier, Pillar Point Harbor, Half Moon Bay, CA 94019
Tel: 415-726-2722
Fax: 415-726-7251
Contact: Marty Botham
http://ca-seafood.ucdavis.edu/csc_org/producer/princeto.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some

suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

ProFish Ltd.

1900 Fenwick St. NE, Washington, DC 20002

Tel: 800-967-9726

Contact: Gregory J Casten

info@profish.com

<http://www.profish.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: ProFish Ltd. offers Pacific king crab.

Puget Sound Prawns Cooperative

Cap Sante Boat Haven, B-dock, Anacortes, WA 98221

Tel: 360-941-4441

Contact: Captain Ken Crews

info@pugetsoundprawns.com

<http://www.pugetsoundprawns.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

The address of the vendor is for visiting purposes only - it is not a mailing address.

Royal Seafood Inc

Wharf II, PO Box 1347, Monterey, CA 93940

Tel: 831-373-7920

Fax: 831-373-8336

Contact: Giuseppe Pennisi

http://ca-seafood.ucdavis.edu/csc_org/producer/royalsea.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Rubino's Market

735 W Lake St, Chicago, IL 60661

Tel: 312-258-0020

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

San Pedro Fish and Oyster

1146 Nagoya Way, San Pedro, CA 90731

Tel: 310-519-9058

Fax: 310-831-0817

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: San Pedro Fish and Oyster offers Pacific spiny lobster.

Santa Barbara Fish Market

117 Harbor Way # A, Santa Barbara, CA 93109

Tel: 805-965-9564

Fax: 805-963-7456

info@sbfish.com

<http://www.sbfish.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Santa Barbara Fish Market offers Pacific dungeness crab.

Sea Breeze Inc.

541 9th Avenue, #1, New York, NY 10018

Tel: 212-563-7537

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Sea Breeze, Inc. offers soft-shell clams.

Sea Harvest

598 Foam St, Monterey, CA 93940

Tel: 831-646-0547

Fax: 831-646-0156

Contact: Richard and Daniel Deyerle

http://ca-seafood.ucdavis.edu/csc_org/producer/seaharve.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Seafood Connection / Simmons Pacific, Inc

841 Pohukaina St, Honolulu, HI 96813

Tel: 808-591-8550

Fax: 808-591-8445

Contact: Dominique Jamain

sales@seafood-connection.com

<http://www.seafood-connection.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: Seafood Connection's crab is Alaska king crab.

Seafood San Diego

1842 McKinley Avenue, National City, CA 91950

Tel: 619-474-4000

Fax: 619-474-4176

Contact: Laurie Harper

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Orders for sablefish / black cod from this vendor must be placed in advance.

Seafood Source of Louisiana

1902 Beaumont Drive, Baton Rouge, LA 70806

Tel: 225-928-3445

Fax: 225-928-3421

seafoodsource@bellsouth.net

http://www.louisianaseafood.com/suppliers_indi.cfm?IndiID=499

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin

(USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Seafood, Inc.

63275 Charleston Rd., PO Box 5022, Charleston, OR 97420

Tel: 541-888-9302

Fax: 866-646-6439

Contact: Marvin

sales@seafoodinc.com

<http://www.seafoodinc.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Seafood, Inc. offers dungeness and king crabs.

Sovereign Seafood

215 Helena Street, Santa Barbara, CA 93101

Tel: 805-965-6112

Fax: 805-966-5618

Contact: Alfred Ballabio

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Sovereign Seafood offers Pacific spiny lobster.

Sportsmen Seafood

1617 Quivira Road, San Diego, CA 92109

Tel: 619-224-3551

Fax: 619-224-1646

Contact: Joe Busalacchi

Joe@sportsmensseafood.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Sportsmen Seafood offers Pacific spiny lobster.

T & S Oyster Farm

703 Ivy Avenue, Tillamook, OR 97141

Tel: 503-842-5258

2010 guide: wholesale



Contact: Todd Riggert
tsoyster@yahoo.com
<http://www.tsoysterfarm.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods). Please note: T & S Oyster Farm carries fresh farmed oysters, shucked and in the shell, as well as 6 flavors of smoked oyster.

Taylor Shellfish Farms

Shelton
130 SE Lynch Road, Shelton , WA 98584
Tel: 360-426-6178
Fax: 360-427-0327
jeffp@TaylorShellfish.com
<http://www.taylorshellfishfarms.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Taylor Shellfish Farms

Bow
2182 Chuckanut Drive, Bow, WA 98232
Tel: 360-766-6002
Fax: 360-427-0327
jeffp@TaylorShellfish.com
<http://www.taylorshellfishfarms.com>

This vendor offers seafood which has been recommended on the Food and Water Watch Smart Seafood Guide. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

The Ocean Harvest

P.O. Box 561, ATTN: Long Fisheries, Inc, Reedsport, OR 97467 <http://www.theoceanharvest.com>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: The Ocean Harvest offers Pacific dungeness crab.

Tides Wharf Wholesale Fish

PO Box 518, Bodega Bay, CA 94923

Tel: 800-876-3560

Fax: 707-875-3642

Contact: Tony Delima

http://ca-seafood.ucdavis.edu/csc_org/producer/tideswha.htm

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Tomales Bay Oyster Co

15479 Highway One, Marshall, CA 94940

Tel: 415-663-1242

Fax: 415-663-9327

Contact: Drew Alden

tboc2@saber.net

<http://tomalesbayoysters.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Tomich Brothers Seafood

2196 Signal Place, San Pedro, CA 90731

Tel: 310-832-5363

Fax: 310-832-9578

Contact: Julie Heberer

jheberer@tomichbros.com

<http://www.tomichbros.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Tonazzini's Dockside Too

1235 Embarcadero, Morro Bay, CA 93442

Tel: 805-772-8100

Contact: Mark M. Tognazzini

mbtog@bonniemarietta.com

<http://www.bonniemarietta.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Tony's Smokehouse & Cannery, Inc.

1316 Washington Street, Oregon City, OR 97045

Tel: 503-656-7512

Contact: Greg or Elizabeth Petrich

<http://www.tonyssmokehouse.com>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods).

Please note: Tony's Smokehouse offers Alaskan salmon in two forms - smoked canned, and fresh canned; they carry albacore tuna; they offer both Pacific dungeness and Alaska king crab; and their black cod comes in two forms - smoked canned, and fresh canned.

True World Foods, Inc.

301 N Grand Boulevard, Vancouver, WA 98661

Tel: 360-695-9572

Contact: Toyoaki Watanabe

info@trueworldfoods.com

<http://www.trueworldfoods.com/?p=145>

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options, or seafood caught using a number of different catch methods). Please note: True World Foods, Inc carries all of their shellfish from Washington state; they offer Alaska king crab and US softshell crab; their black cod is sourced from Alaska.

U Okada & Co, Ltd.

1000 Queen St, Honolulu, HI 96814

Tel: 808-597-1102

Fax: 808-591-6634

Contact: Ida Terada-Bolinsky or Rodney Okada

ida@uokada.com

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may

offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: U Okada & Co offers wild-caught Alaskan salmon.

United Food Inc

500 Alakawa St # 100, Honolulu, HI 96817

Tel: 808-848-0333

Contact: John Wong

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: United Food Inc offers Alaskan king crab, as well as other varieties of domestic crab.

W.R. Merry Seafood Co

630 Stanford Avenue, Los Angeles , CA 90021

Tel: 213-623-2306

Fax: 213-627-6883

Contact: William Merry

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: W.R. Merry Seafood offers Pacific spiny lobster.

Wainani Kai Seafood

2126 Eluwene St # A, Honolulu, HI 96819

Tel: 808-847-7435

Contact: Dayne Sam, Owner

This vendor offers seafood recommended on the Food & Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Please note: Wainani Kai Seafood's lobster is live from Maine.

Westcott Bay

904 Westcott Drive, Friday Harbor, WA 98250

Tel: 360-378-2489

Kathleen@westcottbay.com

<http://www.westcottbay.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Westside Fish Market

774 Amsterdam Ave, New York, NY 10025

Tel: 212-932-2942

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods).

Westward Seafoods Inc

2101 4th Avenue, Suite 1700, Seattle, WA 98121

Tel: 206-682-5949

Fax: 206-682-1825

sales@westwardseafoods.com

<http://www.westwardseafoods.com/>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: Westward Seafoods Inc offers king crab.

William Maidhof

Santa Cruz, CA 95060

Tel: 707-953-1410

<http://www.ifrfish.org/where/san-francisco-bay-area>

This vendor offers seafood recommended on the Food and Water Watch Smart Seafood Guide, but may also carry other items. Be sure to always confirm the catch method and country-of-origin (USA only!) when making a purchase to ensure that you receive the correct product. (Some suppliers may offer both domestic and imported options or seafood caught using a number of different catch methods). Please note: This vendor sells directly off the boat, and offers Pacific dungeness crab and Pacific spiny lobster.

Smart Seafood Locator

Our goal at **Food & Water Watch** is to help you find sustainably raised or caught seafood for fantastic menus and meals that will please the palate, the pocketbook and the planet.

We also encourage you to be loyal to sustainable seafood because not all seafood is created equal.

Much of the fish we buy in the United States is imported, often from places where health, safety and environmental standards for growing or catching fish are weak or non-existent. Less than 2 percent of recent seafood imports to the United States were inspected for contamination. Also, many popular wild fish have been managed poorly and are depleted, caught with gear that can hurt habitat and other wildlife, and/or contain substances like mercury or PCBs that can cause serious health problems. These concerns can make choosing healthful and ecologically sustainable fish challenging.

Fortunately, there are still good domestic seafood options. Take our tips on best and worst seafood choices.

Best Seafood Choices: U.S. wild pole- or troll-caught mahi-mahi • U.S. Pacific sablefish/black cod • U.S. farmed catfish • U.S. wild Pacific halibut • U.S. wild Pacific cod (not trawl caught) • U.S. wild Pacific whiting • U.S. farmed tilapia • U.S. wild hand-raked clams • U.S. farmed clams, oysters and mussels, especially rope-grown • U.S. wild crab (except blue crab) • U.S. wild lobster, especially American (“Maine”) or Pacific spiny • U.S. wild Alaskan salmon • U.S. wild Pacific sardines • U.S. wild diver-caught/day boat scallops • U.S. wild shrimp, especially South Atlantic white, Pacific (“Oregon”) pinks and Florida (“Key West” or “Tortugas”) pinks • U.S. wild squid, especially Atlantic trap- or net-caught longfin or Pacific market (“California”).

Avoid: Atlantic cod • Atlantic flatfish – e.g.: flounder, halibut, sole • Blue crab • Caviar (wild caught sturgeon, especially Beluga) • Chilean seabass • Farmed salmon (often called “Atlantic salmon”) • Imported farmed shrimp • Imported king crab • Orange roughy • Red snapper • Sharks • Tuna, especially Atlantic bluefin

We are glad to provide you with the Smart Seafood Locator for better menus, better meals and better health.

Many thanks to our partner [Eat Well Guide](#)® which made this tool possible.

Learn more about sustainable seafood by visiting:

<http://www.foodandwaterwatch.org/fish/seafood/seafood-guide/national-seafood-guide> or
<http://www.foodandwaterwatch.org/fish/seafood>

or contact us at fish@fwwatch.org



Food & Water Watch, a nonprofit consumer organization based in Washington, D.C., works to ensure clean water and safe food in the United States and around the world. We challenge the corporate control and abuse of our food and water resources by empowering people to take action and transforming the public consciousness about what we eat and drink.

For more information, visit www.foodandwaterwatch.org.

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NOTES:



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Find any new places to include? Contact us! Together we are changing the world, one bite at a time.

info@eatwellguide.org | tel: 212 991 1930 | fax: 212 726 9160



GRACE Communications Foundation highlights the interconnection of food, water and energy in support of common sense approaches to meeting environmental challenges. gracelinks.org